

St Andrew's Academy

A Community of Faith and Learning

[@StAndrewsLandT](#)

The purpose of this newsletter is to share excellent practice across our school.

Twitter

Follow [@MVPScot](#) for information on the Mentors In Violence Prevention Scotland, which is a peer mentoring leadership programme which uses a bystander approach to address gender-based violence and bullying.



Podcasts of the month

[Changing Conversations](#) - David Cameron is a presenter,

trainer and consultant with a distinguished career in Scottish education. In this episode David reflects on past changes in,

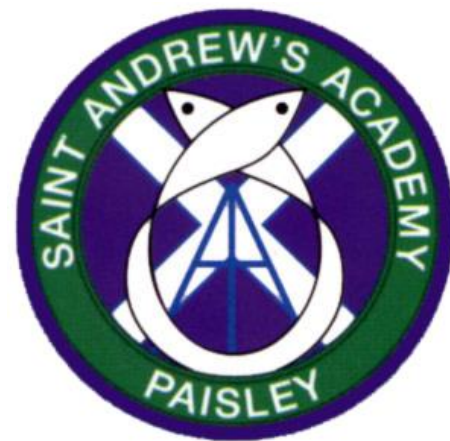


and future hopes for, education and wider society. David tweets [@realdcameron](#) and find out more <http://therealdavidcameron.net>

Recommended Reading by Julie Sloan

The Boy Who Was Raised As A Dog by Bruce Perry

A fascinating account of how trauma and neglect physically affect the brain and long-term development. Details Perry's innovative methods and provides a real reminder of how important love and relationships are to recovery. "Troubled children are in some kind of pain and pain makes people irritable, anxious and aggressive. Only patient, loving, consistent care works."



Upcoming Events

November 27

St Andrew's Day Mass

Focus on Retrieval Practice

Feedback from the group members highlighted a recognition of the importance of integrating Retrieval Practice into lessons. There is no doubt that it has a significant impact on learners' ability to more effectively review and recall both recent learning and past learning. With regards to skills for life, learning and work, it also strengthens long term memory.

Mrs Kerr will be delivering CLPL on the 25th Nov. She has also recommended further reading on Spaced Retrieval Practice to enhance learning and engagement in the classroom.

Sharing good practice

Nurture and Wellbeing Update

This month we have been focusing on wellbeing and mental health. The S6 Hearty Lives students visited classrooms on Mental Health Awareness Day to raise awareness for pupils on wellbeing and self-care.

Members of the Nurture Core Group facilitated discussions at every Departmental Meeting about staff wellbeing and the Build Back Better Resources available for staff.

We introduced the going home checklists to all staff prior to the October Week to help staff switch off from work mode. The secret friend idea was launched by Melisa Jeffries and Jen Gillies Thank you for coordinating this for all interested staff.

Miss Conn held the first CLPL for staff companions for our Seasons for Growth initiative.

The Pastoral Care team became even easier to contact for students via the QR codes and drop box outside the guidance base.

S1 Showcase of Learning

This year our S1 Showcase of learning went digital. Julie Sloan and Shealagh Begg organised this event in a new format for pupils, staff, parents and carers to become informed on what the S1 pupils have been learning in all of their subjects. Thank you to everyone who contributed to this. It was lovely also to hear the parental feedback. #parentsinpartnership



Learning and Teaching Idea of the Month – Chalk Pens



Nicole O'Neill has been using chalk pens with her students to aid with learning and teaching of emotions and regulation strategies.



In-house CLPL

November

Partnership & Parental Engagement

4/11/2020 3.00pm
ICT 2

Staff Onenote & class notebook

24/11/20 4pm
ICT 6

Supporting EAL Pupils

10/11/2020 4.00pm
ICT 6

Creating Interactive Resources

18/11/2020 3.00pm
ICT 2

Retrieval Practice

25/11/20 3pm
ENG 8